



## FOOD INFORMATION FOR CONSUMERS REGULATION (EUFIC European Food Information Council) FOOD ALLERGENS LIST (JUNE 2026)

The fourteen major food allergens subject to European labelling legislation are:

- Cereals containing gluten (e.g. wheat, rye, barley, oats)
- Crustaceans (e.g. prawns, crabs, lobster, crayfish)
- Eggs
- Fish
- Peanuts
- Soybeans
- Milk
- Tree Nuts (e.g. almonds, hazelnuts(inc. filbert, cob), walnuts, pecan, Brazil, pistachio, cashew)
- Celery/Celeriac
- Mustard
- Sesame (seeds, oil)
- Sulphur Dioxide (preservative/antioxidant found in some dried fruit, wine, processed potatoes)
- Lupin (a kind of legume of the Fabaceae family)
- Molluscs (e.g. clams, mussels, whelks, oysters, squid, scallops)

### Item

### Allergens Present

#### A LA CARTE MENU:

##### Starters:

1. Prawn Crackers	Prawns
2. Steamed Edamame	None
3. Crispy Vegetable Rolls	Wheat, soybeans, sesame
4. Tofu Satay	Wheat, peanuts, soybeans
5. Vegetable Tempura	Wheat
6. Prawn and Chicken Toast	Wheat, prawns, sesame, soybeans
7. Chicken Satay	Peanuts, milk
9. Shrimp Cooked in Lemongrass	Shrimps
10. Spare Ribs	Wheat, soybeans, oysters, sesame
11. Thai Curry Fish Cakes	Eggs, fish
12A. Siu Mai Dim Sum	Wheat, prawns, eggs, sesame, soybeans
12B. Saa Lai Dim Sum	Wheat, prawns, sesame, soybeans
13. Crispy Tiger Prawns	Wheat, prawns
14. Stir Fried Mussels	Wheat, soybeans, mussels, oysters
15. Duck Spring Rolls	Wheat, soybeans, sesame, cashew nuts
16. Soft Shell Crab	Wheat, crabs, soybeans
18. Mixed Starter	Wheat, prawns, eggs, fish, peanuts, soybeans, milk, sesame

### Chef's Specials:

19.	Giant Prawns	Wheat, prawns, soybeans
20.	Giant Prawn Warm Salad	Prawns, fish
21.	Char-Grilled Lamb Cutlets	Wheat, soybeans
23.	Crispy Salmon	Wheat, fish
24.	Weeping Tiger	None
26.	Giant Prawn	Wheat, prawns, oysters, soybeans
26A.	Giant Prawn Pad Cha	Wheat, prawns, oysters, soybeans

### Famous Thai Soups:

28.	Tom-Yum	See options
	Options:	
	King Prawn	Prawns, fish, soybeans, wheat
	Chicken	Fish, soybeans, wheat
	Mushroom	Fish, soybeans, wheat
	Mixed Seafood	Prawns, fish, mussels, squid
29.	Coconut Milk	See options
	Options:	
	King Prawn	Prawns, fish
	Chicken	Fish
	Mushroom	Fish
	Mixed Seafood	Prawns, fish, mussels, squid

### Salads:

30.	Crispy Duck	Wheat, fish, cashew nuts, celery
32.	Spicy Grilled Beef	Fish, celery
33.	Spicy Mixed Seafood	Prawns, fish, celery, mussels, squid, scallops

### Curries:

34.	Green Curry	Shrimps, fish, soybeans, wheat (plus option)
35.	Red Curry	Shrimps, fish, soybeans, wheat (plus option)
36.	Dried Curry	Shrimps, fish, soybeans, wheat (plus option)
	Options (for 3 dishes above):	
	Mixed Seafood	Prawns, mussels, squid, scallops
	King Prawn	Prawns
	Chicken	None
	Pork	None
	Beef	None
	Duck	None
	Vegetable	None
	Seabass	None
	Tofu	None
38.	Massaman	Fish, soybeans, wheat
39.	Yellow Curry	Fish, soybeans, wheat

### Sweet and Sour Dishes:

40.	Sweet & Sour	See options
	Options:	
	Mixed Seafood (not battered)	Prawns, mussels, squid, scallops
	King/Giant Prawn	Prawns, wheat
	Chicken	Wheat
	Pork	Wheat
	Beef	Wheat
	Seabass	Wheat, fish
	Vegetable (not battered)	None

### Stir Fried Dishes:

41. Oyster Sauce	Wheat, soybeans, oysters (plus option)
42. Holy Basil	Wheat, soybeans, oysters (plus option)
43. Cashew Nut	Wheat, soybeans, cashew nuts, oysters (plus option)
44. Pad King	Wheat, soybeans, oysters (plus option)
45. Garlic	Wheat, soybeans, oysters (plus option)
Options (for 5 dishes above):	
Mixed Seafood	Prawns, mussels, squid, scallops
King/Giant Prawn	Prawns
Chicken	None
Pork	None
Beef	None
Seabass in Batter	Wheat, fish
Vegetable (not 41, 44, 45)	None

### Duck Dishes:

48. Duck with Tamarind Sauce	Fish
49. Duck	Wheat, soybeans, oysters
50. Crispy Duck	Wheat, soybeans, oysters
51. Crispy Duck Leg	Wheat, soybeans, fish

### Fish Dishes:

52. Steamed Fillet of Sea Bass	Wheat, fish, soybeans, oysters
53. Steamed Fillet of Sea Bass	Fish
54. Crispy Fillet of Sea Bass	Wheat, fish, soybeans, oysters
54A. Grilled Salmon	Wheat, fish, soybeans, oysters

### Wok-Fried Vegetables:

55. Mixed Vegetables	Wheat, soybeans, oysters
56. Pak Choi	Wheat, soybeans, oysters
57. Broccoli	Wheat, soybeans, oysters

### Noodle and Rice Dishes:

60. Singapore Fried Noodles	Wheat, eggs, soybeans, oysters (plus option)
61. Traditional Pad Thai Noodles	Eggs, fish, peanuts (plus option)
62. Pad See-Ew	Wheat, eggs, soybeans, oysters (plus option)
Options (for 3 dishes above):	
King/Giant Prawn	Prawns
Chicken	None
Pork	None
Beef	None
Vegetable	None
Tofu	None
65. Special Fried Rice	Eggs, soybeans, wheat (plus option)
Options:	
Mixed Seafood	Prawns, mussels, squid, scallops
King Prawn	Prawns
Chicken	None
Pork	None
Beef	None
66. Egg Fried Rice	Eggs, soybeans, wheat
67. Steamed Coconut Rice	Sesame
68. Steamed Rice	None
70. Sticky Rice	None

## SET DINNER MENU:

### Starters:

Thai Curry Fish Cakes	Eggs, fish
Crispy Vegetable Rolls	Wheat, soybeans, sesame
Chicken Satay	Peanuts, milk
Gung Hom Pha	Wheat, prawns, soybeans, sesame

### Main Courses:

Green Curry Chicken	Shrimps, fish, soybeans, wheat
Cashew Nut King Prawn	Wheat, soybeans, cashew nuts, oysters, prawns
Holy Basil Beef	Wheat, soybeans, oysters
Mixed Vegetables	Wheat, soybeans, oysters
Egg Fried Rice	Eggs, soybeans, wheat

### DESSERTS:

Fantastica	Peanuts, tree nuts, milk, soybeans, eggs
Coconut Supreme	Peanuts, tree nuts, milk
Lemon Surprise	None
Warm Thai Egg Custard	Eggs
Banana Fritters	Wheat, sesame
Honeycomb Ice Cream	Milk
Vanilla Madagascar Ice Cream	Milk
Chocolate Ice Cream	Milk
Choco Mint	Peanuts, tree nuts, milk
Cup Cappuccino	Peanuts, tree nuts, milk
Heaven in a Jar	Peanuts, tree nuts, milk, soybeans
Matka Kulfi	Peanuts, tree nuts, milk

Note: The use of fish, oyster and soy (soybeans) sauces is common in Thai cuisine. If you have an allergy to these particular ingredients it may be possible for them to be omitted where they are stated above. Please ask your server for advice.