



FOOD INFORMATION FOR CONSUMERS REGULATION (EUFIC European Food Information Council) FOOD ALLERGENS LIST (AUGUST 2025)

The fourteen major food allergens subject to European labelling legislation are:

Cereals containing gluten (e.g. wheat, rye, barley, oats)
Crustaceans (e.g. prawns, crabs, lobster, crayfish)
Eggs
Fish
Peanuts
Soybeans
Milk
Tree Nuts ((e.g. almonds, hazelnuts(inc. filbert, cob), walnuts, pecan, Brazil, pistachio, cashew))
Celery/Celeriac
Mustard
Sesame (seeds, oil)
Sulphur Dioxide (preservative/antioxidant found in some dried fruit, wine, processed potatoes)
Lupin (a kind of legume of the Fabaceae family)
Molluscs (e.g. clams, mussels, whelks, oysters, squid, scallops)

| <u>Item</u> | <u>Allergens Present</u> |
|--------------------------------|--|
| <u>A LA CARTE MENU:</u> | |
| <u>Starters:</u> | |
| 1. Prawn Crackers | Prawns |
| 2. Steamed Edamame | None |
| 3. Crispy Vegetable Rolls | Wheat, soybeans, sesame |
| 4. Tofu Satay | Wheat, peanuts, soybeans |
| 5. Vegetable Tempura | Wheat |
| 6. Prawn and Chicken Toast | Wheat, prawns, sesame, soybeans |
| 7. Chicken Satay | Peanuts, milk |
| 9. Shrimp Cooked in Lemongrass | Shrimps |
| 10. Spare Ribs | Wheat, soybeans, oysters, sesame |
| 11. Thai Curry Fish Cakes | Eggs, fish |
| 12A. Siu Mai Dim Sum | Wheat, prawns, eggs, sesame, soybeans |
| 12B. Saa Lai Dim Sum | Wheat, prawns, sesame, soybeans |
| 13. Crispy Tiger Prawns | Wheat, prawns |
| 14. Stir Fried Mussels | Wheat, soybeans, mussels, oysters |
| 15. Duck Spring Rolls | Wheat, soybeans, sesame, cashew nuts |
| 16. Soft Shell Crab | Wheat, crabs, soybeans |
| 18. Mixed Starter | Wheat, prawns, eggs, fish, peanuts, soybeans, milk, sesame |

Chef's Specials:

- | | | |
|------|---------------------------|----------------------------------|
| 19. | Giant Prawns | Wheat, prawns, soybeans |
| 20. | Giant Prawn Warm Salad | Prawns, fish |
| 21. | Char-Grilled Lamb Cutlets | Wheat, soybeans |
| 23. | Crispy Salmon | Wheat, fish |
| 24. | Weeping Tiger | None |
| 26. | Giant Prawn | Wheat, prawns, oysters, soybeans |
| 26A. | Giant Prawn Pad Cha | Wheat, prawns, oysters, soybeans |

Famous Thai Soups:

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|-----|---------------|-------------------------------|
| 28. | Tom-Yum | See options |
| | Options: | |
| | King Prawn | Prawns, fish, soybeans, wheat |
| | Chicken | Fish, soybeans, wheat |
| | Mushroom | Fish, soybeans, wheat |
| | Mixed Seafood | Prawns, fish, mussels, squid |
| 29. | Coconut Milk | See options |
| | Options: | |
| | King Prawn | Prawns, fish |
| | Chicken | Fish |
| | Mushroom | Fish |
| | Mixed Seafood | Prawns, fish, mussels, squid |

Salads:

- | | | |
|-----|---------------------|--|
| 30. | Crispy Duck | Wheat, fish, cashew nuts, celery |
| 32. | Spicy Grilled Beef | Fish, celery |
| 33. | Spicy Mixed Seafood | Prawns, fish, celery, mussels, squid, scallops |

Curries:

- | | | |
|-----|-------------------------------|--|
| 34. | Green Curry | Shrimps, fish, soybeans, wheat (plus option) |
| 35. | Red Curry | Shrimps, fish, soybeans, wheat (plus option) |
| 36. | Dried Curry | Shrimps, fish, soybeans, wheat (plus option) |
| | Options (for 3 dishes above): | |
| | Mixed Seafood | Prawns, mussels, squid, scallops |
| | King Prawn | Prawns |
| | Chicken | None |
| | Pork | None |
| | Beef | None |
| | Duck | None |
| | Vegetable | None |
| | Seabass | None |
| | Tofu | None |
| 38. | Massaman | Fish, soybeans, wheat |
| 39. | Yellow Curry | Fish, soybeans, wheat |

Sweet and Sour Dishes:

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|-----|------------------------------|----------------------------------|
| 40. | Sweet & Sour | See options |
| | Options: | |
| | Mixed Seafood (not battered) | Prawns, mussels, squid, scallops |
| | King/Giant Prawn | Prawns, wheat |
| | Chicken | Wheat |
| | Pork | Wheat |
| | Beef | Wheat |
| | Seabass | Wheat, fish |
| | Vegetable (not battered) | None |

Stir Fried Dishes:

| | | |
|-----|-------------------------------|---|
| 41. | Oyster Sauce | Wheat, soybeans, oysters (plus option) |
| 42. | Holy Basil | Wheat, soybeans, oysters (plus option) |
| 43. | Cashew Nut | Wheat, soybeans, cashew nuts, oysters (plus option) |
| 44. | Pad King | Wheat, soybeans, oysters (plus option) |
| 45. | Garlic | Wheat, soybeans, oysters (plus option) |
| | Options (for 5 dishes above): | |
| | Mixed Seafood | Prawns, mussels, squid, scallops |
| | King/Giant Prawn | Prawns |
| | Chicken | None |
| | Pork | None |
| | Beef | None |
| | Seabass in Batter | Wheat, fish |
| | Vegetable (not 41, 44, 45) | None |

Duck Dishes:

| | | |
|-----|--------------------------|--------------------------|
| 48. | Duck with Tamarind Sauce | Fish |
| 49. | Duck | Wheat, soybeans, oysters |
| 50. | Crispy Duck | Wheat, soybeans, oysters |
| 51. | Crispy Duck Leg | Wheat, soybeans, fish |

Fish Dishes:

| | | |
|------|----------------------------|--------------------------------|
| 52. | Steamed Fillet of Sea Bass | Wheat, fish, soybeans, oysters |
| 53. | Steamed Fillet of Sea Bass | Fish |
| 54. | Crispy Fillet of Sea Bass | Wheat, fish, soybeans, oysters |
| 54A. | Grilled Salmon | Wheat, fish, soybeans, oysters |

Wok-Fried Vegetables:

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|-----|------------------|--------------------------|
| 55. | Mixed Vegetables | Wheat, soybeans, oysters |
| 56. | Pak Choi | Wheat, soybeans, oysters |
| 57. | Broccoli | Wheat, soybeans, oysters |

Noodle and Rice Dishes:

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| 60. | Singapore Fried Noodles | Wheat, eggs, soybeans, oysters (plus option) |
| 61. | Traditional Pad Thai Noodles | Eggs, fish, peanuts (plus option) |
| 62. | Pad See-Ew | Wheat, eggs, soybeans, oysters (plus option) |
| | Options (for 3 dishes above): | |
| | King/Giant Prawn | Prawns |
| | Chicken | None |
| | Pork | None |
| | Beef | None |
| | Vegetable | None |
| | Tofu | None |
| 65. | Special Fried Rice | Eggs, soybeans, wheat (plus option) |
| | Options: | |
| | Mixed Seafood | Prawns, mussels, squid, scallops |
| | King Prawn | Prawns |
| | Chicken | None |
| | Pork | None |
| | Beef | None |
| 66. | Egg Fried Rice | Eggs, soybeans, wheat |
| 67. | Steamed Coconut Rice | Sesame |
| 68. | Steamed Rice | None |
| 70. | Sticky Rice | None |

SET DINNER MENU:

Starters:

Thai Curry Fish Cakes
Crispy Vegetable Rolls
Chicken Satay
Gung Hom Pha

Eggs, fish
Wheat, soybeans, sesame
Peanuts, milk
Wheat, prawns, soybeans, sesame

Main Courses:

Green Curry Chicken
Cashew Nut King Prawn
Holy Basil Beef
Mixed Vegetables
Egg Fried Rice

Shrimps, fish, soybeans, wheat
Wheat, soybeans, cashew nuts, oysters, prawns
Wheat, soybeans, oysters
Wheat, soybeans, oysters
Eggs, soybeans, wheat

DESSERTS:

Fantastica
Royal Pot
Trufito
Coconut Supreme
Lemon Surprise
Orange Surprise
Warm Sticky Rice
Warm Thai Egg Custard
Banana Fritters
Honeycomb Ice Cream
Vanilla Madagascar Ice Cream
Mint Choc Chip Ice Cream
Sorbet

Tree nuts, milk, soybeans
Milk
Tree nuts, milk
Peanuts, milk, soybeans
None
None
None
Eggs
Wheat, sesame
Milk, eggs
Milk, eggs
Milk, eggs, soybeans
None

Note: The use of fish, oyster and soy (soybeans) sauces is common in Thai cuisine. If you have an allergy to these particular ingredients it may be possible for them to be omitted where they are stated above. Please ask your server for advice.